

PATIENT INFORMATION LEAFLET / PACKAGE INSERT

SCHEDULING STATUS : S0  
PROPRIETY NAME AND DOSAGE FORM

**Capsules**  
**Complementary Medicine / Category D**

K-FLAM is available without a healthcare professionals prescription.  
Please follow dosage carefully for best results.

**Retain this leaflet for future reference.**

Do not share K-FLAM with any other persons.

Consult a pharmacist or healthcare professional if you need more information.

Visit a healthcare professional if symptoms do not improve after 30 days.

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

**COMPOSITION**

Each capsule contains:

1. Curcumin c3 complex 525mg
2. Bioperine (black pepper extract) 2.5mg
3. Boswellin super (Boswellia beretta extract) 75mg

**PHARMACOLOGICAL CLASSIFICATION**

Category D: Complementary Medicine.

**INDICATIONS**

K-flam capsules is specifically indicated for the treatment of symptoms related to the following:

1. Neurological disorders
2. Autoimmune diseases
3. Pulmonary disorders
4. Arthritis and other inflammatory conditions

**CONTRA-INDICATIONS**

Known hypersensitivity to any of the ingredients.

Children younger than 12 years of age.  
Not recommended for people on blood-thinning medication, unless otherwise advised by a healthcare professional.

**PHARMACOLOGICAL ACTION**

Curcumin has been shown to inhibit NF-KB, which is a major mediator of inflammation. It reduces the markers of inflammation in the body, while increasing the levels of antioxidants.

Boswellin super contains boswellic acids which have shown to inhibit 5-LO which is one of the enzymes responsible for inflammation. It also improves the body's ability to absorb Curcumin.

Bioperine increases the bioavailability of the main active ingredients in K-FLAM.

**DOSAGE AND DIRECTIONS FOR USE**

Adults only: (12 years and older) take one capsule after breakfast, or as recommended by your healthcare practitioner.

**WARNINGS**

Do not exceed the daily recommended dose.

If you experience any allergic reaction after taking K-FLAM capsules, discontinue use and consult your healthcare practitioner.

**SIDE-EFFECTS AND SPECIAL PRECAUTIONS**

Less frequent in therapeutic doses.  
Diarrhoea and nausea.

**PREGNANCY AND LACTATION**

The use of K-FLAM during pregnancy and lactation has not been fully studied, and should only be used in these circumstances under the guidance of a healthcare professional.

**KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT**

In the event of an overdose or suspected overdose and (not with standing the fact that the person may be asymptomatic) the nearest doctor, hospital or Poison Control Centre should be contacted immediately.

**PRESENTATION**

K-FLAM is available in a bottle containing 60 capsules.

**STORAGE INSTRUCTIONS**

Store in a well closed container, in a cool dry place and away from direct sunlight. Store at or below 25°C.  
Keep out of reach of children .

**NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION**

Krenek Atlantic  
1 Yaldwyn Rd,  
Witfield,  
Boksburg,  
1459

K-FLAM is manufactured in South Africa

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