



PATIENT INFORMATION LEAFLET / PACKAGE INSERT

SCHEDULING STATUS : S0
PROPRIETY NAME AND DOSAGE FORM

Capsules

Complementary Medicine / Category D

K-GEST is available without a prescription from a healthcare professional. Please follow dosage carefully for best results.

Retain this leaflet for future reference.

Do not share K-GEST with any other persons.
Consult a pharmacist or healthcare professional if you need more information.

Visit a healthcare professional if symptoms do not improve after 30 days.

This is an unregistered medicine, and has not been evaluated by SAHPRA for its quality, safety or intended use.

COMPOSITION

Each capsule contains:

1. Digezyme enzyme blend (Alpha -amylase, Neutral Protease, Lipase Cellulase, Lactase)	100mg
2. Lactospore® 15bn cfu (lactobacillus Coagulans)	65mg
3. Triphala extract	500mg
4. Bioperine® (black pepper extract)	2.5mg

PHARMACOLOGICAL CLASSIFICATION

Category D: Complementary Medicine.

INDICATIONS

K-GEST capsules are specifically indicated for the treatment of symptoms related to the following:

1. The support of digestive health and immune function
2. To help cleanse bowels and increase their tone
3. Heartburn
4. Acid reflux
5. Irritable bowel syndrome (IBS)

CONTRA-INDICATIONS

Known hypersensitivity to any of the mentioned ingredients.

Children younger than 12 years of age.

PHARMACOLOGICAL ACTION

Digezyme is a multi-enzyme complex of microbial origin that assists in the proper digestion and absorption of ingested food. It helps to break food molecules down into essential nutrients that the body can make use of.

Lactospore is a probiotic that produces lactic acid. It aids in protecting the human gut against harmful micro-organisms.

Triphala is an antioxidant that helps to detoxify the body, while also supporting bowel health .

Bioperine increases the bioavailability of the main active ingredients, increases metabolic rate and supports nutrient absorption into the body.

DOSAGE AND DIRECTIONS FOR USE

Adults only: (12 years and older) take two capsules after breakfast, or as recommended by your healthcare practitioner.

WARNINGS

Do not exceed recommended dose.
If you experience any allergic reactions after using K-GEST, discontinue use and consult a healthcare practitioner.
People with recurring vaginal yeast infections or recurring urinary tract infections should consult a healthcare practitioner before using this product.

SIDE-EFFECTS AND SPECIAL PRECAUTIONS

Less frequent in therapeutic doses.
Gastrointestinal disorders: Stomach cramps, flatulence and diarrhoea.

PREGNANCY AND LACTATION

The use of K-GEST during pregnancy and lactation has not been fully studied, and should only be used in these circumstances under the guidance of a healthcare professional.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

In the event of a suspected overdose (not with standing the fact that the person may be asymptomatic) the nearest healthcare professional, hospital or Poison Control Centre should be contacted immediately.

PRESENTATION

K-GEST is available in a bottle containing 60 capsules.

STORAGE INSTRUCTIONS

Store in a well closed container, in a cool dry place and away from direct sunlight. Store at or below 25°C.
Keep out of reach of children .

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

Krenek Atlantic
1 Yaldwyn Rd,
Witfield,
Boksburg,
1459

K-GEST is manufactured in South Africa.

DATE OF PUBLICATION OF THIS PACKAGE INSERT:

01 August 2020

REGISTRATION NUMBER

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