



PATIENT INFORMATION LEAFLET / PACKAGE INSERT

SCHEDULING STATUS : S0  
PROPRIETY NAME AND DOSAGE FORM

**Capsules**  
**Complementary Medicine / Category D**

NEURO-K is available without a healthcare professionals prescription.  
Please follow dosage carefully for best results.

**Retain this leaflet for future reference.**

Do not share NEURO-K with any other persons.

Consult a pharmacist or healthcare professional if you need more information.

Visit your healthcare professional if symptoms do not improve after 30 days.

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

**COMPOSITION**

Each capsule contains:

1. Bacopa Monneri Extract standardized to 25% of total Bacosides (Bacoside A & B)	160mg
2. Ashwagandha extract	150mg
3. L-Theanine	100mg
4. Bioperine	5mg

**PHARMACOLOGICAL CLASSIFICATION**

Category D: Complementary Medicine

**INDICATIONS**

Neuro-k capsules is specifically indicated for the treatment of symptoms related to the following:

1. Anxiety and stress disorder
2. Mental fatigue
3. Memory and concentration disorders
4. Memory disturbances

**CONTRA-INDICATIONS**

Known hypersensitivity to any of the ingredients.

Children younger than 12 years of age.

**PHARMACOLOGICAL ACTION**

Bacopa monneira contains bacosides that promote nerve impulse transmission through the reparation of damaged neurons. Thus, It restores the synaptic activity of neurons.

Ashwagandha is an adaptogen, which has a unique ability in helping the body manage stress by causing adaptive reactions to disease and stress.

L-Theanine increases serotonin, dopamine, GABA and glycine levels in the brain, and thus reduces mental and physical stress.

Bioperine increases the bioavailability and absorption of the three main active ingredients in NEURO-K.

**DOSAGE AND DIRECTIONS FOR USE**

Adults only: (12 years and older) take two capsules after breakfast, or as recommended by your healthcare practitioner.

**WARNINGS**

Do not exceed recommended dose.  
If you experience any allergic reaction after taking NEURO-K capsules, discontinue use and consult a healthcare practitioner.

**SIDE-EFFECTS AND SPECIAL PRECAUTIONS**

No known side effects.

**PREGNANCY AND LACTATION**

The use of NEURO-K during pregnancy and lactation has not been fully studied and should only be used in these circumstances under the guidance of a healthcare professional.

**KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT**

In the event of suspected overdose (not with standing the fact that the person may be asymptomatic) the nearest healthcare professional, hospital or Poison Control Centre should be contacted immediately.

**PRESENTATION**

NEURO-K is available in a bottle containing 60 capsules.

**STORAGE INSTRUCTIONS**

Store in a well closed container, in a cool dry place and away from direct sunlight. Store at or below 25°C.  
Keep out of reach of children .

**NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION**

Krenek Atlantic  
1 Yaldwyn Rd,  
Witfield,  
Boksburg,  
1459

NEURO-K is manufactured in South Africa.

**DATE OF PUBLICATION OF THIS PACKAGE INSERT:**

01 August 2020

**REGISTRATION NUMBER**

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